



Welcome to the Healthy HALO Wellness Program

Join Your Program

Ready to get started?

Sign up today to take your first steps toward better wellbeing.

Key Dates

Program year:

Jan. 1 – Nov. 30, 2026

Annual Physical & Wellbeing Survey Deadline:

Sept. 30, 2026

Breakthrough Points Deadline:

Nov. 30, 2026

Your Rewards

Premium Reduction for 2027:

Complete your Annual Physical and Wellbeing Survey

5,000 Break Through Points

(\$25 value): Earn 5,000 Wellness points

Get Started

Step 1:

Log in through Microsoft My Apps and click on the Navigate tile to access your wellbeing program.

Step 2:

Use your employee ID (found in your HR Portal) as your unique ID.

Your program: Purpose & Benefits

The Healthy HALO Wellness Program is designed to:

- Support you in achieving your individual health goals.
- Reward you for creating sustainable healthy habits.
- Offer a variety of activities to help you earn points and stay engaged throughout the year.

How to Participate

Eligibility

All employees are eligible to participate in the Healthy HALO Wellness Program.

How to complete your program

To earn your full rewards:

1. Complete your Annual Physical and Wellbeing Survey by September 30, 2026, to qualify for your Premium Reduction for 2027.
2. Earn at least 5,000 Wellness points by November 30, 2026, to receive 5,000 Break Through Points (\$25 value).

New Enrollee Guide:

If you're enrolled in HALO's Health Insurance with an effective date after 1/1/2026, you're not subject to the Premium Reduction Requirement. You'll begin completing requirements starting 1/1/2027 to maintain your premium incentive for 1/1/2028.

Download App



Download the Navigate Wellbeing app for a convenient way to track your activities.



Workouts:

Access dynamic workouts that challenge and motivate you to reach your fitness goals!



New! Video Learning Courses:

Explore our new 2026 video courses on nutrition, fitness, financial wellbeing, and stress management.



New! Personal Challenges:

Set and reach your health goals at your own pace with this new feature.

Your Program Checklist

Getting Started

- Log in to your portal
- Complete your survey
- Download the mobile app
- Sync your fitness tracker or app

Explore Features

- Watch video courses
- Join a personal challenge
- Track your progress on the dashboard
- Check out resources like articles and recipes
- Learn how to earn wellness incentives

Make the most of your wellbeing program and take control of your journey today!

Here's what you can expect:

- Access tools and resources anytime, anywhere.
- Get personalized challenges and courses for your goals.
- Track your progress with simple tools.
- Discover expert tips, recipes, and guides
- Achieve your goals. Visit your wellbeing platform now and start living healthier, happier, and more balanced today!

Questions? Contact:

info@navigatewell.com
(888) 282-0822

Group Challenges



Walk of Fame: March 16 – April 12, 2026

Registration: March 2 – 22, 2026



Hydro Hustle: July 20 – August 16, 2026

Registration: July 6 – 26, 2026



Falling Into Rhythm: September 28 – October 25, 2026

Registration: September 14 – October 4, 2026